

Beauty

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When a, post puberty, young poot, my sexual desire was normal and, over time, I had many girlfriends. Consistently, this resulted in confusion, disappointment, sometimes heartbreak and over all, mostly more trouble than it was worth. No one was especially at fault but, no two people are alike and, of course, sometimes harmony; sometimes conflict. Sometime between about forty to fifty years old, I decided that I had experienced more than my fair share and had enough of sex.

So I began the long process of bioengineering myself to diminish my testosterone production and, consequently, my sexual desire. I didn't have internet then (<http://goo.gl/iz2J7c>) but there was plenty of information about it at the library. By the time I reached mid-60s, I was no longer bothered by sex. And, by this time, I had

figured out that, while companionship is critically important, if based/dependant on sex, it was most often, eventually, impossible - disastrous.....Heartbreak, divorce (good for lawyers; bad for me), menopause, general decline with age etc. Companionship **must**, ultimately be based on friendship to be enduring. And friendship is a different chapter.

Back to beauty. Vain, as we all are, my girlfriends often asked me about why I found them attractive. And, unable to provide a very intelligent answer, I began to wonder about it myself and I started trying to figure it out.

Popular movie stars then were e.g. Elizabeth Taylor, Marilyn Monroe, Natalie Wood, Anita Ekberg, Gina Lollobrigida, Kim Novak, Sophia Loren, Ingrid Bergman, Rita Hayworth, etc.

They were to me, as to everybody, all gorgeous, attractive, sexy etc. And this was the puzzle: **They were all very different**. Some demure, some buxom, some blond, some red head, some brunet, some tall, some short, different eye colors, different nose, mouth, eyebrow shapes etc.

So what did they all have in **common** that made them so alluring? For this, I needed to think about stuff that all species have in common. First, what is the purpose of sex? It's the perpetuation of the species.....**procreation**. Human females can wear sexy clothes but sexy clothes don't interest grasshoppers. **Human females** are flamboyant but among **birds** it's the males. However,

regardless of fancy plumage/dress, this stuff doesn't always work.

So it must be something else. One day, I noticed a poor old, malnourished horse out in a field. I felt sorry for it and it occurred to me that its breeding days are over. Later, in a corral of riding horses, I noticed that they were all young and healthy. They were beautiful. There are many kinds of horses, including zebras and, like the movie stars they are all very different.

Among all living things, most are born fortunate and some not so fortunate (human - others). Skipping over eons of evolution and how things got to be the way they are, procreation knows what it wants..... the best chance for offspring survival. The, all round, healthiest creatures (good genes) have the best chance of producing the healthiest offspring. The female bird doesn't, consciously, understand it, but the mate she picks will NOT be sick and will have the fanciest display (plumage - nest etc.).

So, generally speaking, beauty is mostly about health. To some degree, there will be other aspects such as association e.g. parents. If we had loving, nurturing parents, we may be attracted to certain things that remind us of them e.g. facial features, hair color, body type, mannerisms, attitudes etc.

But, overall, a horse in bad health will not be attractive-beautiful. And a healthy horse will be. Sophia Loren's nose was very different than Kim Novak's. But I liked

both because both had no birth defects or anything unhealthy about them.

Among humans, a lot of this stuff gets all distorted e.g. fetishes, Sadomasochism, bondage and all manner of deviation that, also, would not interest grasshoppers or birds. Driven by the procreation instinct and yet horribly distorted are rape, and other forms of sexual violence.

Ultimately, for whatever reason, what all creatures are instinctively attracted to is, simply, good health.

Do you want to be pretty? Try to stay as normal as possible (not too fat; not too skinny) and, above all, don't get sick!