To Pulmonary:

Most of what is here is on my website:
http://geriatricgourmet.com/index.html
There are occasional references to things on Google and in MY Google Drive................when they contain the best and most information about something. Therefore, most (I emphasize MOST) of what is here can be opened on a VA computer without risk. But I make thumb drives (memory sticks) and CDs so that VA employees can open stuff like this on private computers.

What is here first is about my pulmonary problems e.g. shortness of breath, COPD etc.

The title is CD for Pulmonary.
It is located at bottom right on this page of my website:
http://geriatricgourmet.com/**Health_Beauty**.html
On the website, the title is For VA Pulmonary Department
And the text is yellow.

And, of course it is about why I have my pulmonary appointments and hopefully will result in some solutions to help me get through what's left of my life with a bit less anguish and discomfort.

The other stuff is the rambling babble of a goofy old poot. And I think that it's stuff that all VA employees should know about because: I've lived and worked all over the world (I'm 75), both military with the armed forces of at least eight other countries (NATO) and later civilian related

jobs. I speak seven languages and I've been a (very grateful) VA patient since the late 60s both in the USA and Europe. https://www.benefits.va.gov/persona/**veteran-abroad**.asp This can be referenced by typing veteran's administration Europe.

I know a lot of stuff about it and its relationship and relevance to the world in general. You might or might not meander through it. I believe that if you do, you will later be glad you did.

This can also be referenced on my Google Drive here: **https://drive.google.com/file/d/1sCN2ccwY9SyMyMnUj 7AUa2LiBWSPwiHP/view?usp=sharing**

In the CD and memory stick (thumb drive) package I will include a printed copy of this.